crf 2020
CORPORATE RESEARCH FORUM

Better Conversations: Why They Matter and How to Have Them- Directions

Address

Sopwell House, Cottonmill Lane, St Albans, Hertfordshire AL1 2HQ (map)

By Train

- **From London** – Regular trains run direct from London St Pancras International to St Albans City station, taking approx. 30 mins
- **From Hertfordshire** – Regular trains run direct from the surrounding towns: Kentish Town, West Hampstead, Cricklewood, Hendon, Mill Hill Broadway, Elstree & Borehamwood, and Radlett
- On arrival at St Albans City station, follow the signs to the exit and locate the taxi rank. The journey to Sopwell House by taxi takes approx. 10 mins.

By Car

- There is ample visitor parking at the venue for those who wish to arrive by car
- Please type in the following address into your Sat Nav and follow the instructions: **Sopwell House, Cottonmill Lane, St Albans, Hertfordshire AL1 2HQ**

By Plane

- **From Luton** – Regular trains run direct from Luton Airport Parkway to St Albans City, taking approx. 10 mins. A shuttle bus runs regularly from Luton Airport to the Airport Parkway station
- **From Stanstead** – Regular trains run from Stanstead Airport to Liverpool Street station, taking approx. 50 mins. From here, take the tube to Farringdon station - Circle line, Westbound, taking approx. 5 mins. From Farringdon station, regular trains run to St Albans City, taking approx. 25 mins.
- **From Heathrow –** The tube runs to London St Pancras International – Piccadilly line, Eastbound, taking approx. 50 mins. From here, take the direct train to St Albans City station, taking approx. 30 mins
- **From Gatwick –** Regular trains run direct from Gatwick Airport to St Albans City, taking approx. 1 hour and 15 mins.

Further Questions

- Should you have any further queries or if you have trouble finding the venue, please contact **Rachel Flax** on +44 (0) 7887 556 854 or email: rachel@crforum.co.uk